**ENOKELA, EBIEGA ABEL**

**B.A(Jos), P.G.D.E(Sokoto), M.A(Lagos), M.ED(NOUN), Ph.D(Ekpoma), *MNIM***

ORCID:  <https://orcid.org/0000-0003-4488-8614>

**PERSONAL DATA**

Date of birth: 9thJanuary, 1970

Place of birth: Otukpo

Sex: Male

State of origin: Benue

Local Government Area Otukpo

Marital status: Married

Religion: Christianity

Address Kudnawi Community, Behind Orange Market, Mararaba, Nasarawa State.

Nationality: Nigerian

Permanent Home Address Obaganya Village, Otukpo, Benue

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**INSTITUTIONS ATTENDED WITH DATES**

Ambrose Alli University, Ekpoma 2017-2022

National Open University Nigeria 2015--2017

Usmanu Danfodiyo University, Sokoto 2008—2009

University of Lagos 2006--2008

University of Jos 1990—1995

Wesley High School, Otukpo, Benue 1986—1988

Ewulo College, Otukpo, Benue 1986

Akande Dahunsi Memorial High School Ikoyi, Lagos 1985 - 1986

Second Avenue High School Ikoyi, Lagos 1983—1985

Dodan Barracks Primary School, Ikoyi, Lagos 1982—1983

St. Andrews Primary School, Otukpo, Benue 1976—1981

**QUALIFICATIONS OBTAINED WITH DATES**

Doctor of Philosophy (Ph.D in Guidance and Counselling ) 2022

Master of Education (M.ED in Guidance and Counselling 2017

Master of Arts (M.A. in English Language) 2008

Post Graduate Diploma in Education (P.G.D.E.) 2009

Bachelor of Arts (B.A.in English / Linguistics ) 1995

First School Leaving Certificate 1983

**WORK EXPERIENCES WITH DATES**

Helpman Development Institute, Plot 44, Ubiaja Crescent, 2024-Date

off Ladoke Akintola Boulevard, Garki 2, Abuja FCT.

(**Non-resident Research Fellow**)

**Responsibilities**

* **Mentoring of research team**
* **Contributing to multi-disciplinary research thinking**
* **Reviewing of research works to make them publishable**

City College of Education, Mararaba, Nasarawa State in

Affiliation with Adekunle Ajasin University, Akungba, Akoko, Ondo State 2023-Date

(**Lecturer in Guidance and Counseling Department**)

**Courses**

* **EGC 418: Human Behaviour in Organization**
* **EGC 411: Psychology of Adjustment**
* **EGC 418: Culture and Psychopathology**
* **EGC 307: Deviant Behaviour and Behaviour Modification**
* **EGC 301: Organization of Guidance and Counseling in Schools**
* **EDU 303: Introduction to Special Education**
* **EGC 205: Biological Foundations of Human Behaviour**
* **EGC 404: Behaviour Modification 2**
* **EGC 417: Conflict Resolution Techniques In Guidance & Counselling**
* **EGC 305: Psychological Testing**
* **Undergraduate project supervision**

Innovative College of Education, Ado, Nasarawa State (**Lecturer**) 2023

**Courses taught:**

* **EDU 321** Research Methods and Projects
* **ENG 211** The Structure of English
* **ENG 214** Research Methods
* **GSE 211** General English III

Research on Bullying in FCT schools, conducted by FCT Education Secretariat,

Research Department- **Project Resource Person/consultant** 2023

Deeper Christian Life Ministry (**Co- editor, Higher Everyday Devotional**) 2018- Date

Ebien Educational Consult (**Director**) 2016- Date

Wilcrest College Abuja **(A’ level/ Degree Foundation College**)**,**

Communication skills/English/Literature lecturer/Principal 2011-2015

Global International College **(A’ level/ Degree Foundation College),**

Communication Skills/English/Literature lecturer (Lagos campus);

Communication Skills/English/Lecturer/Academic Coordinator (Ibadan campus);

Communication Skills/English/lecturer/ Senior Academic Coordinator (Abuja campus) 2005-2011

Jesilo High School, Ikota Lagos (English/ Literature Teacher) 2004-2005

Pentagon International School, Ajah, Lagos (English Teacher) 2003-2004

Tip Top College, Ikota, Lagos (English Teacher /Principal) 2002-2003

The Dream Comprehensive School, Lagos (English teacher/Vice Principal) 2000-2001

National Teachers’ Institute Ikota Centre, Lagos (Part time English Lecturer) 2000

University of Calabar , Ikota Satellite Centre, Lagos (Part time English Lecturer) 2000

St. Annes Secondary School, Oukpo, Benue (English Teacher) 1996-1997

Ebughu Community Secondary School, Akwa-Ibom (NYSC English teacher) 1995-1996

**PROFESSIONAL MEMBERSHIP**

Member (chartered) Nigerian Institute of Management (NIM)

Member, Counselling Association of Nigeria (CASSON)

Member, Association of Professional Counsellors of Nigeria (APROCON)

Member, International Society for Policy Research and Evaluation in School- Based Counselling (ISPRESC)

Member, Teachers Regulations Council of Nigeria (TRCN)

**DOCTORAL THESIS TITLE**

Insomnia, Generalized Anxiety and Acute Stress Disorder as Correlates of Academic Performance of Senior Secondary School Students in Abuja

**EDITORIAL BOARD MEMBERSHIP**

Editorial Board Member: Journal of School-Based Counselling Policy and Evaluation

Editorial/Advisory Board Member: Spry Journal of Humanities and Social Science, Pakistan

Editorial Board Member: Routledge Handbook of the Sociopolitical Language Learning

Editorial Review Board Member: International Journal of Cyber Behavior, Psychology and Learning (IJCBPL, IGI Global, USA)

Reviewers’ community Membership: Vernon Press, USA

**PUBLICATIONS**

1. Adomeh, I.O.C. & Enokela, E.A. (2020),A perception of the effectiveness of bibliography in fostering emotional adjustment among junior secondary school students in FCT, Abuja, International Research Journal of Humanity, Language and Literature, 7 (1), 10-20 (India).
2. Enokela, E.A. (2020). WhatsApp dependence as a correlate of sleep quality among senior secondary students in the FCT, Abuja Metropolis. International Research Journal of Humanities, Language and Literature 7 (5), 1-9 (India)
3. Enokela, E.A. (2020). The prevalence of depression among senior secondary school students in the Federal Capital Territory, Abuja. Keffi Journal of Counselling and Psychotherapy, 1(1), 237-248 (Nigeria)
4. Enokela, E.A (2020). A review of domestic violence and its effects on learning: the Nigerian context. International Research Journal of Humanities, Language and Literature 7 (5), 1-9 (India)
5. Onolemhemhen , P.E. & Enokela,E.A (2020). Insomnia syndrome among Nigerian secondary school students and its effects on learning: implications for counselling, IOSR Journal of Humanities and Social Science 25(6), 26-31 (India)
6. Enokela E.A. (2019).A review of the influence of generalized anxiety disorder on students’ learning. Nigerian Journal of Counselling and Human Development, 3(1),113-122 (Nigeria)
7. Enokela, E.A (2021). Mitigating Threats and Solutions to Mass Violence. In C. Gordons, M.A. Markey &S.Kerr (eds.), Mitigating Mass Violence and Managing Threats in Contemporary Society (IGI Global, USA).
8. Enokela, E.A. (2022) School Shootings and therapeutic interventions for traumatized victims. In C. Gordons (ed.). Impacts of School Shootings on Classroom Culture, Curriculum and Learning (IGI Global, USA).
9. Enokela, E.A. (2022). Mental Health Support for Students during Pandemics. In J. Prescott (e.d). Digital Innovations for Mental Health Support (IGI Global, USA)
10. Enokela, E.A (2022) Impacts of Hunger on Children and Adolescents: School Farming as a Panacea. In A.A. Faraq et al (e.ds). School Farms: Feeding and Educating Children. (Routledge, UK).
11. Enokela, E.A. (2022). Mitigating Juvenile Incarceration in Nigeria through the Lens of Counselling. In K. Johns (e.d) Counselling Strategies for Children and Families Impacted by Incarceration (IGI Global, USA).
12. Enokela E.A (2022). Education in a Psychosocially Constrained Environment: Insurgency and Banditry Constraints in Nigeria. In U. Chatterjee et al (e.ds) Social Morphology, Human Welfare and Sustainability (Springer Nature, Switzerland)
13. Enokela, E. A (2022). Students’ Social Networks in a Digitalized and Multicultural World. In A. Kaplan (ed.), Digital Transformation and Disruption of Higher Education (Cambridge University Press, UK).
14. Enokela, E.A. (2021). Pedagogical Benefits and Future of Digital Education: Focus on Teaching and Learning Processes. In S. Fazzin (e.d). EdTech Economy and Transformation in Education (IGI Global, USA)
15. Enokela, E.A (2021). Perceived effectiveness of CBT therapeutic model in fostering mental health of Nigerian youth students: a positional paper. Keffi Journal of Counselling and Psychotherapy (Nigeria)
16. Enokela, E.A (2021). COVID-19 pandemic and its influence on Nigeria’s education: A review. Journal of Advocacy, Research and Education 8(3), 66-69 (Ghana)
17. Enokela, E.A & Aluede, O. (2021). Fostering students’ mental health in a Covid-19 era: e-counselling, paradigm shift and issues of policy. Guidena: JurnalIlmu Pendidikan Psikologi Bimbingan Dan Konseling11(1), 60-70 (Indonesia)
18. Enokela E.A (2022).Towards Achieving Sustainable Development Goals: An Appraisal of 10-3-4 System of Education in Nigeria. Sociometry Journal of Social Science, Art and Humanity 1(3) 96-108 (Indonesia)
19. Enokela E.A (2020).Psychological Impacts of COVID-19 on Abuja Residents. Africa: History and Culture 5(1),3-7 (USA).
20. Enokela, E.A & Enwa, C.A. (2022). Demographic Implications of Students’ Perception of Counselling Services in Junior Secondary Schools in Abuja Metropolis, Abuja, Nigeria.African Scholars Journal of Education Research and Library Practice 7(8) 77-90
21. Enokela E.A (2021). Educational Digitalization in a Covid 19 Era: Students’ Hopelessness in Developing Countries. In C. Krishnan et al (e.ds) The Challenges and New Opportunities for Higher Education Industry in Pandemic-Constrained Environment (Apple Academic Press, USA).
22. Enokela, E.A (2023). Sexual Violence in Developing Countries: Challenges of Rehabilitation of Victims. In : The Palgrave Handbook of Social Problems , Palgrave Macmillan), Cham
23. Stabilization of Students with Mental Health Crises in Nigeria’s Higher Institutions. In I. Logan et al (e.ds) Stabilization Approaches that Empowers Clients through Mental Health Crises (IGI Global, USA)
24. Enokela, E.A. (2024). Reincarnation culture bound syndrome in Nigeria: Implications of culture diffusion (Palgrave Macmillan)

**WORKS IN PRODUCTION/ PRESS**

1. Students’ Mental Health: Examining Mindfulness Education as a Remediating Pathway to Psychological Peace (Apple Academic Press, USA).
2. The Girl-Child Education: An Assessment of Gender-Illiteracy Nexus in Nigeria (Apple Academic Press, USA).
3. Gender in Educational Leadership in Higher Institutions in Nigeria: Challenges and Future Direction (Apple Academic Press, USA).
4. Mitigating Environmental Crimes in Developing Countries: Exploring the Role of Education as an Agent of Social Change (Gujarat National Law University, India, to be published with Taylor & Francis).

**PEER REVIEW ASSIGNMENT**

* A chapter in School Farms: Feeding and Educating Children (Routledge, UK)
* 6 book chapters with IGI Global Publishing (USA).
* A chapter in Comprehensive Global Studies of COVID-19 Aftermath: Multidisciplinary Studies of the Consequences and Repercussions (Springer)
* A chapter in Social Morphology, Human Welfare and Sustainability (Springer Nature)
* A paper in the Sociometry Journal (Indonesia)
* 12 papers in International Journal of Cyber Behavior, Psychology and Learning (IGI Global Publishing, USA)
* 1 chapter in The Palgrave Handbook of Global of Social Problems (Palgrave Macmillan)
* 1 chapter in The Palgrave Handbook of Global of Social Change (Palgrave Macmillan)
* 6 chapters in Routledge Handbook of the Sociopolitical Language Learning (Routledge)

**BOOK REVIEW**

* Ways Forward: Progressive Approaches to Providing Therapy and Healing for Neurodivergent Individuals, Vernon Press, USA

**SEMINAR PAPER PRESENTATION/WORKSHOP**

* Represented Professor Ojugo to present a lead paper titled “Counselling as a conduit for promoting values re-orientation in tertiary education”, on the 8th of November, 2023 at the APROCON 7th Annual International Conference, held at Nasaraw State University, Keffi, Nasarawa State, Nigeria.
* Presented key note address titled: “The role of counsellors in a distressing world”, delivered during the inaugural/graduation ceremony of guidance & counselling graduands at City College of Education, Abacha Road, Mararaba, Nasarawa State in Affiliation With Adekunle Ajasin University, Akoko-Akungba,, Ondo State on the 25th of November, 2023.
* Presented paper titled: “Fostering students’ mental health in a Covid-19 era: e-counselling, paradigm shift and issues of policy”, on the 29th of November, 2020 at the Webinar series of the International Society for Policy Research and Evaluation in School-based Counselling with the theme: “Examining the challenges from the ongoing COVID-19 Pandemic” (Available on YouTube)
* Held a workshop on Emotional Intelligence with students of Deeper Life High School, Kado, AMAC, Abuja on 7th March, 2023

**HOBBIES**

Reading

**REFEREES**

Professor Oyaziwo Aluede

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Ambrose Alli University,

Edo State, Nigeria.

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